

## ? Myths and Misconceptions



**Let's talk about what's true—and what's not.**

Sometimes people say things about children with disabilities or developmental needs that aren't true. Let's take a look at some of the most common myths and the real facts.

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✗ **Myth 1: "Kids with disabilities can't learn."**

✓ **Truth: All kids can learn. They may learn in different ways, at different speeds, or with extra support—but they are always learning and growing.**

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✗ **Myth 2: "Using a wheelchair, walker, or special seat means the child is getting worse."**

✓ **Truth: These tools help children move, stay safe, and take part in everyday life. Equipment gives kids more independence, not less.**

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✗ **Myth 3: "If a child doesn't talk, they don't understand."**

✓ **Truth: Many children understand much more than they can say. They might use signs, pictures, or devices to communicate their thoughts and feelings.**

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✗ **Myth 4: "Therapy is only for kids who are behind."**

✓ **Truth: Therapy helps all children build on their strengths, whether they're learning new skills or keeping the ones they already have. It's about helping each child do their best.**

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✗ **Myth 5: "A diagnosis means there's nothing we can do."**

✓ **Truth:** A diagnosis helps us know how to support your child. It's the start of a care plan, not the end. There's always something we can do together.

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✗ **Myth 6:** "Children with disabilities don't want to play or make friends."

✓ **Truth:** Every child wants to connect and have fun! Some children just need extra support to join in or learn how to play in their own way.

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✗ **Myth 7:** "You should just wait and see."

✓ **Truth:** If you have concerns, it's okay to ask questions. Getting support early can make a big difference. You don't have to wait for a diagnosis to get help.

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✗ **Myth 8:** "It's the parents' fault if a child has delays or a disability."

✓ **Truth:** No one causes a disability. Disabilities are part of human diversity. What matters most is supporting your child with love and care.

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✗ **Myth 9:** "Kids will grow out of it."

✓ **Truth:** Some delays improve with time and support—but not always. Getting the right help early gives your child the best chance to learn and succeed.

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✗ **Myth 10:** "All kids with the same diagnosis are the same."

✓ **Truth:** Every child is unique—even if they share a diagnosis. Some

may walk, talk, or play differently than others. That's okay! We focus on what your child needs.

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✗ Myth 11: "Disabilities are something to be ashamed of."

✓ Truth: Disabilities are a natural part of life. Children with disabilities bring joy, strength, and creativity to their families and communities.

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✗ Myth 12: "Families should figure things out on their own."

✓ Truth: You don't have to do this alone. JMCC is here to support you with therapy, information, equipment, and care planning.

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*Got questions or feeling unsure about something you've heard? Ask your JMCC team!*

*We're here to give you facts, resources, and support.*