

## Our Model of Care *at JMCC*



At JMCC, we believe every child is unique; and so is their journey. Our Model of Care puts your child and family at the centre of everything we do. We work together to support your child's development, health, and well-being, in ways that are meaningful to you.

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### What Is a “Model of Care”?

A Model of Care is the big-picture plan for how we support children and families.

It shows how we:

- Organize our services
  - Work as a team
  - Make sure you feel heard, included, and supported
  - At JMCC, it means putting your child's needs, strengths, and goals at the heart of every step we take.
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### We Use the 5 F-Words in Everything We Do

Our care is based on a child development approach called the 5 F-Words:

- FUNCTION:** What your child can do in daily life
  - FAMILY:** The people who know and love your child best
  - FITNESS:** Staying active and moving in fun ways
  - FUN:** What makes your child smile and feel joyful
  - FRIENDS:** Building relationships and being included
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### Family-Centred Care

These help us focus on what really matters in your child's life, not just medical or therapy needs.

You are the expert on your child. That's why we:

- Include you in all decisions
- Respect your values, culture, and beliefs
- Support your whole family, not just the child
- Build strong, trusting partnerships between families and staff

*We're here to walk beside you - not ahead of you.*

## Strengths-Based and Goal-Oriented Care

At JMCC, we focus on what your child **can do**—not just what they're struggling with.

- We look for your child's **unique strengths**, like creativity, kindness, determination, or curiosity.
- We build on those strengths to help them grow new skills and confidence.
- We also recognize the **strengths of your family**, your knowledge, resilience, and hopes for your child.

Together, we set goals that are **meaningful to your child and family**. These goals guide our care and help us celebrate every success - big or small.

## Interdisciplinary Team Approach

Your child may work with a team that includes:

- **Occupational Therapists (OTs)**
- **Physical Therapists (PTs)**
- **Speech-Language Pathologists (SLPs)**
- **Social Workers and Service Navigators**
- **Recreation Therapists and Clinical Assistants**
- **Seating and Mobility or Augmentative Communication Technologists**
- **Physicians or Pediatric Specialists**
- **School partners or community supports**

This **interdisciplinary team** works together with your family to build a coordinated plan of care.

## Support Across All Areas of Life

Children don't grow in one place - they grow in many!  
That's why we support your child at:

- **Home** – Helping with routines, independence, and play
- **School** – Working with educators to support learning and participation
- **Community** – Encouraging your child to join activities and be included

### *Our Promise*

We see the **whole child**—not just a diagnosis.  
We believe every child can learn, grow, and shine.  
We walk with families every step of the way.

**At JMCC, our Model of Care builds ability, belonging, and a bright future, for your child and your family.**