

Community Recreation and Leisure in Windsor- Essex County



Explore some of the different community recreation and leisure opportunities and organizations Windsor-Essex County has to offer!

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This guide has been developed to provide families and clients with information about recreation resources available in Windsor-Essex County. The organizations featured in this guide offer different types of activities to meet the needs of children and youth of various abilities.

These organizations are not endorsed by the John McGivney Children's Centre, this is a guide for resources and information only.

If you have questions about this guide or want to learn more about Recreation Therapy resources at The John McGivney Children's Centre, please contact our JMCC Recreation Therapist, Julie Jones.

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Municipalities

- **Windsor**
<https://www.citywindsor.ca/residents/recreation>
- **LaSalle** <https://www.lasalle.ca/recreation-culture-and-community/recreation-and-sports/>
- **Tecumseh** <https://www.tecumseh.ca/parks-recreation-and-events/recreation-and-leisure-programs/>
- **Lakeshore** <https://www.lakeshore.ca/living-here/recreation/>
- **Amherstburg**
<https://www.amherstburg.ca/recreation-and-culture/recreation-and-activities/>
- **Essex**
<https://www.essex.ca/en/play/recreationguideonline/registration.aspx>
- **Kingsville** <https://www.kingsville.ca/en/explore-and-play/recreation.aspx>
- **Leamington** <https://www.leamington.ca/en/our-community/recreation.aspx>

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Community Organizations

- **Windsor Essex Family Network** -- <https://windsoriessexfamnet.ca/>
- **UHC Hub of Opportunities - for Newcomers** -- <https://www.uhc.ca/>
- **Up About Down** -- <https://www.upaboutdown.org/>
- **Kind Minds** -- <https://www.instagram.com/kindminds20/?hl=en>
- **Brain Injury Association** -- <https://biawe.com/>
- **Sonder Therapy** -- <https://www.sondertherapy.ca/about>
- **Children First** -- <https://www.children-first.ca/>
- **Can-Am Indian Friendship Centre (Youth Sports and Recreation)** -- <https://caifc.ca/>
- **New Beginnings** -- <https://www.newbeginningswindsor.com/>

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Youth Centres

- **Early ON Child and Family Centres** -- <https://www.citywindsor.ca/residents/social-services/childrens-services/earlyon-child-and-family-centres>
- **Sandwich Teen Action Group** - <https://211ontario.ca/service/81797841/sandwich-teen-action-group-youth-enrichment-programs/> Email sandwichteen@cogeco.net
- **LaSalle HangOut** -- <https://lasallehangout.org/>

Public Libraries

- **Windsor** -- <https://www.windsorpubliclibrary.com/programs/>
- **Essex County Library** -- <https://calendar.essexcountylibrary.ca/events>

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Equine Therapy

- **WETRA (Windsor Essex Therapeutic Riding Association)** -- <https://www.wetra.ca/>
- **Speqtra (The Special Equestrians Therapeutic Riding Association)** -- <https://speqtra.ca/>
- **Sarah Parks Horsemanship** -- <https://www.sarahparkshorsemanship.com/>

Dance Studios

- **Cathy's Dance Studio** -- <https://www.cathysdancestudio.net/>
- **Sunshine Dance Studios** -- <https://www.sunshinedancestudios.com/>
- **Industry Dance Co.** -- Industry Movers
<https://www.industrydanceco.ca/>
- **TCz Dance Studio** – Stretch n Flex
<https://www.tczdancestudio.com/>

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Sports and Recreation

- **Accessible Playgrounds** --
<https://www.citywindsor.ca/residents/parks-and-forestry/accessible-playgrounds>
- **Special Olympics Ontario LaSalle and Windsor** --
<https://lasallewindsor.specialolympicsontario.ca/>
- **Italian-Canadian HandiCapable Association** --
<https://www.icha.ca/>
- **Mary Anne Askin Wheelchair Curling Program** – email
ma.askin.wheelchair.curling@gmail.com
- **In Honour of the Ones We Love - Honourable Ninjas** --
<https://www.inhonour.ca/programs-17/kids-beating-cancer-honourable-ninjas>
- **Tecumseh United Football Club - All Abilities Soccer League** – Email melissa@tecumsehunitedfc.com
<https://www.instagram.com/tecumsehunitedfc/>
- **Rose City Riot - Wheelchair Basketball** --
<https://www.rosecityriot.ca/>

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Sports and Recreation



- **Amherstburg Miracle League Baseball --** <https://amherstburgmiracle.com/>
- **Riverside Miracle League Baseball --** <https://www.rmbamiracleleague.com/>
- **Challenger Baseball --** <https://challengerbaseballcanada.ca/find-a-league-near-you/>
- **All Level Cross Fit Gym (Children, Teen and Adaptive Inclusive Classes) -** <https://www.alllevel.ca/>
- **Hesman Athletics and Performance -** <https://www.hesmanathleticsandperformance.com/youthfitnessclasses>
- **Windsor Ice Bullets Sledge Hockey --** <https://www.facebook.com/windsoricebullets/>
- **Winstars Gymnastics --** <https://www.winstarsgym.com/>

Autism Services

- **The Summit Centre --** <https://www.summitcentre.org/>
- **Autism Services Inc. --** <https://autismservicesinc.com/>

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Summer Camps and Day Camps

- **Bruce Awad Summer Camp Program (Autism Services Inc.)** -- <https://autismservicesinc.com/bruce-awad-summer-program/>
- **City of Windsor** -- <https://www.citywindsor.ca/residents/recreation/community-programming/day-camps>
- **Town of LaSalle** -- <https://www.lasalle.ca/recreation-culture-and-community/recreation-and-sports/day-camps/>
- **Town of Tecumseh** -- <https://www.tecumseh.ca/parks-recreation-and-events/recreation-and-leisure-programs/day-camps/>
- **Town of Lakeshore** -- <https://www.lakeshore.ca/explore-and-play/march-break-summer-and-pa-day-camps/>
- **Town of Amherstburg** -- <https://www.amherstburg.ca/recreation-and-culture/recreation-and-activities/day-camps/>

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Summer Camps and Day Camps (continued)

- **Town of Essex --**
<https://www.essex.ca/en/play/preschoolyouthandteenprograms.aspx>
- **Town of Kingsville --**
<https://www.kingsville.ca/en/explore-and-play/day-camps-and-pa-days.aspx>
- **Town of Leamington --**
<https://www.leamington.ca/en/our-community/day-camp.aspx>
- **Easter Seals Ontario – Camp Woodeden – Overnight camp --**
<https://www.eastersealscamps.org/about/camp-woodeden/>
- **YMCA Overnight Camp – Camp Henry --**
<https://www.ymcaswo.ca/camps/camp-henry>
- **YMCA Summer Camps --**
<https://www.ymcaswo.ca/programs/camps/summer-day-camp>

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Summer Camps and Day Camps (continued)

- **Lancer Summer Camps** --
<https://www.uwindsor.ca/lancerrecreation/318/summer-camps>
- **Aero Sports Day Camp** --
<https://www.aerosportsparks.ca/windsor/programs/camps>
- **South Essex Community Council** --
<https://secc.on.ca/get-help/children-youth/#Camps>
- **Windsor Essex Community Housing - Summer Rec Program** -- <https://www.wechc.com/community-events/summer-recreation-program>
- **UHC Hub of Opportunities Summer Camp Program** --
<https://www.uhc.ca/events/summeryouth/>
- **Greater Essex County District School Board Summer Camp**-- <https://www.publicboard.ca/en/programs-and-learning/summer-camp.aspx>

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Respite Services for Children and Youth

- **Family Respite Services** --
<https://www.familyrespite.org/>
- **Sharing a Purpose** -- <https://sharingapurpose.com/>

Respite Services for Adults

- **Community Living Windsor** --
<https://www.clwindsor.org/>
- **Refuel Respite** -- <https://refuelrespite.com/>
- **Harmony in Action** --
<https://www.facebook.com/HarmonyInActionWindsor/>
- **WinCity Care Inc.** -- <https://www.wincitycare.com/>
- **Abode Respite** --
<https://www.facebook.com/aboderespiteservicesinc/>
- **LIFE Adult Day Respite Program** --
<https://lifedayrespite.ca/>
- **Freedom Respite Program** --
<https://freedomrespite.com/>

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Respite Services for Adults (continued)

- **Leslie's Support Solutions (LSS)** --
<https://www.lesliessupportsolutions.ca/>
- **Lola's Round Table** --
<https://www.lolasroundtable.com/>
- **Reach for the Skye Windsor** --
<https://www.facebook.com/ReachForTheSkyeWindsor/>

Funding Resources

- **Pathway to Potential** – Municipality funding for Recreation programs, based on income –
<https://www.citywindsor.ca/residents/social-services/social-policy-and-pathway-to-potential/pathway-to-potential>
- **Canadian Tire Jump Start** --
<https://jumpstart.canadiantire.ca/>
- **Access2 Card Program (Easter Seals Canada)** --
<https://access2card.ca/>