

From October 13th to November 3rd | \$395 USD Live sessions: Monday, October 25th & Monday, November 1st | 12:00-1:00 pm Eastern Time



Learn to playfully engage children with autism in a professionally designed course that is fun and educationally effective. The IWO has over 10 hours of content to be completed at any time over a three week span and has two live sessions to answer your questions in person.



Who will benefit: child development professionals (SLP, OT, M.Ed., MSW), service providers, behavioral health providers, parents of children with autism, administrators and policy makers involved with autism services.

"The best play-based parent training program in the country for young children with autism. Evidence based, compassionate and beneficial for parents and participants." - Stuart Brown MD, National Institute for Play.

Register now: https://playproject.org/event/the-intensive-workshop-online-iwo-2/ Learn more: www.playproject.org | info@playproject.org | (734) 585-5333



The PLAY Project Autism Intervention Description

"The best play-based parent training program in the country for young children with autism. Evidence based, compassionate and beneficial for parents and participants." —Stuart Brown MD, National Institute for Play.

- PLAY Project Autism Intervention is an evidence-based, * highly structured, parent implemented, intensive intervention model for young children (Birth-3) with autism spectrum disorders (ASD) that has been serving families nationally and internationally for 15 years.
- Certified PLAY Project Consultants, in the home, clinic/office, school (Teaching PLAY) or virtual/online (Tele-PLAY) settings, coach parents to connect with their child in a joyous, playful way that improves the child's social interaction and development addressing the core social deficits of ASD.

NIH funded research* — one of the largest autism study of its kind in the U.S. with 128 study children/families from four states — showed that parents can learn the methods, that children improved in their social interaction, functional development, and autism severity and that PLAY Consultants showed fidelity in implementing the program.

- PLAY Consultants connect in person with families 2-4 hours/month, or conduct services virtually via "Tele-PLAY", during which they coach parents using our 7 Circles of PLAY approach and videotape samples of play. They provide detailed mid- month written and video feedback for parents on how to keep play fun and engaging so the child moves up developmentally. Parents are encouraged to PLAY with their child 1-2 hours per day in 15-20-minute sessions and through daily activities (the model works in the clinic, early intervention, or office setting as well with as well with weekly one-hour sessions).
- PLAY Project Consultants are child development specialists, including primarily SLP, OT, and MEd/Early Intervention. Over 500 PLAY Project Consultants are providing PLAY Project services in the U.S.
- One full time PLAY Project Consultant can serve up to 25 families (typical caseload is 3-10) making PLAY easy to disseminate in rural or urban settings. PLAY has been implemented in community mental health, early intervention, and medical rehab settings.
- Ohio adopted PLAY for its Early Intervention (Birth-3) system, training 120 consultants over a threeyear period with 70% of Ohio counties providing services to over 500 children per year.
- PLAY Project Consultant training is very efficient. An initial training phase—live 2-day intensive workshop, livestreamed workshop or intensive workshop online, and weekly online training for 6 weeks— is followed by a supervision phase—12 to 18 months of internet- based feedback for PLAY Project Consultants' ongoing cases. PLAY Project Consultants can begin delivering services to families immediately following the initial training phase.

Richard Solomon MD, a developmental and behavioral pediatrician, is the medical director of The PLAY Project. For more information, visit our website at www.playproject.org or call (734) 585-5333.

Solomon R, Van Egeren L, Mahoney G, Quon-Huber M, Zimmerman P. PLAY Project Home Consultation Intervention Program for Young hildren with Autism Spectrum Disorders: A Randomized Controlled Trial. J Dev Beh Pediatr. 2014; 35(8): 475-485. To view the full open access rticle, click on this link: http://journals.lww.com/jrnldbp/Fulltext/2014/10000/PLAY_Project_Home_Consultation_Intervention 1.as



The 7 Circles of The PLAY Project

The 7 Circles of The PLAY Project summarize the experience of The PLAY Project's evidence-based, manualized autism intervention:

- 1. Principles and Methods: Families learn the foundations of PLAY:
 - The four principles: 1.) Fun with people, 2.) Put in the time (2 hours/day), 3.) Profile the child accurately, and 4.) Play at the right developmental level.
 - The five methods 1.) Read the child's cues, 2.) Adjust the pace of interaction, observing and waiting for the child's idea, 3.) Follow the child's lead, 4.) Promote "circles of communication" (reciprocal exchanges), and 5.) Build on the child's interests.
- 2. Child Profile: Each child is individually profiled in terms of 1). What they love to do (Comfort Zone Activities), 2). Their sensory profile and 3). Functional developmental levels.
- **3.** Techniques and Activities: Individualized suggestions give parents clear ideas of how to implement PLAY.
- **4. Family Guidance:** PLAY Consultants come to the home to coach, model, and give structured feedback based on the video analysis and visit.
- 5. Engagement: Between visits, parents engage their child and put in the time.
- **6.** Visit Review: Between visits, the consultants send a visit review that includes written and video feedback so parents can refine their approach.
- **7.** Change and Growth: The program is adjusted as the child moves up functional developmental levels.

The PLAY Project's Autism Intensive Workshop Online Fact Sheet

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- The PLAY Project is an evidence-based, highly structured, parent implemented, intensive intervention model for young children (18m-6yrs) with an autism spectrum disorder (ASD) that has been serving families for over 15 years nationally and internationally.
- The PLAY Project's *Intensive Workshop Online*, or *PLAY IWO* for short, is designed to educate parents and professionals to practically apply The PLAY Project's principles, methods, techniques, and activities also known as *The 7 Circles of PLAY*.
- The IWO was professionally produced to be interactive, as well as visually and auditorily engaging.
- Instead of attending 2 full days of in-person or livestreamed workshops, learners can take the PLAY IWO when it is convenient for them over a 2 ½-3 week time span.
 - The online course has 10 hours of content to be completed asynchronously with 2 live optional sessions, led by master trainers, where participants can ask questions about the course.
 - The course also has a monitored forum embedded in the IWO so participants can get support and answers daily.
- The IWO is taught by 'Dr. Rick' Solomon MD, a developmental/behavioral pediatrician with over 25 years' experience in working with children with an ASD and their families.
- Designed for child development *professionals* (SLP, OT, MEd, MSW), early intervention specialists, behavioral health providers, and *parents* of children with an ASD.
- The PLAY IWO consists of a workshop talk by 'Dr. Rick' Solomon on The 7 Circles, followed by case studies and video analysis of parent and child interaction, as well as interactive learning activities based on course objectives.
- After the workshop, participants will be able to:

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- Describe how a child's unique profile is determined and how to develop a plan to improve the child's social functioning based on that profile
- \circ ~ Implement the basic methods of PLAY to effectively engage children with an ASD ~
- And learn over a dozen techniques that help improve language, social interaction, overall development, and play skills of children with an ASD.
- For professionals, the IWO is the first step towards becoming a fully certified PLAY Project Consultant. For more information about certification click <u>here</u>.