

What is visual discrimination?

- Visual discrimination is the ability to recognize likeness and differences between shapes, sizes, colours, objects, and patterns.

Why is visual discrimination important?

- It allows us to determine what is the same and what is different.
- It helps us to pay attention to details to match things up and notice what does not belong.
- It is needed for reading and writing to correctly identify letters and numbers where there is only a small difference between them (S and 5, 3 and B, etc.).

How does visual discrimination help children?

- To identify shapes, colours, and sizes
- To match clothing, socks, shoes, and cutlery
- To see the difference between similar objects, like coins, letters, numbers

Practice some of the following activities to develop visual discrimination:

- Play sorting and matching games using one or more features (shape, colour, etc.)



(busytoddler.com)



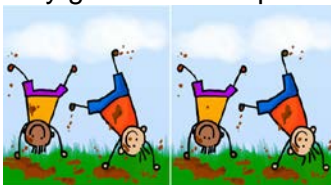
(cbc.ca)

- Play games and puzzles that require lining up matching sides



(scholastic.com)

- Play games that require spotting the difference



(twominfun.com)

