

What is visual spatial relations?

- Visual spatial relations is understanding the position of objects in relation to each other and in relation to yourself.

Why is visual spatial relations important?

- It provides us with information about the position of objects in our environment.
- It allows us to understand our position in space and interact with the items around us.

How does visual spatial relations help children?

- To correctly position yourself near another person for a task (stand in line, walk beside a friend, sit behind someone on a bus, place hat on top of someone's head, etc.)
- To correctly position yourself with an object (sit on a chair, walk through a door, catch a ball, sweep under the table, dress in clothes and footwear, etc.)
- To correctly position two objects (set the table, print letters in a word, space words in a sentence, write name on top of page, print numbers in columns, label pictures, etc.)

Practice some of the following activities to develop visual spatial relations:

- Play activities that require moving under/over/through, right/left, high/low, etc.



(schoolswrdsb.ca)



(childsafetylink.ca)



(parents.com)

- Participate in daily activities



(everyday-reading.com)



(handinhandparenting.org)



(momtastic.com)



(todaysparent.co)

- Play activities and games that require copying, following instructions, and/or moving pieces



(familyeducation.com)



(origamiway.com)



(entertainmenthowstuffworks.com)