

What is visual form constancy?

- Visual form constancy is the ability to recognize a shape or object as being the same even if it is bigger, smaller, lighter, darker, or turned on its side.

Why is visual form constancy important?

- It is needed for recognizing shapes, letters and numbers.
- It is needed to understand that shapes, objects, letters, words and numbers remain the same whether larger or smaller in size, rotated in position, or in a different place (in a book, magazine, sign, picture, etc.).
- It allows us to label, sort and organize objects, label items, and read messy writing.

How does visual form constancy help children?

- Recognizing shapes and forms even when there is a change in colour, size, or position (a square in a picture book, a square shaped window, a square shaped picture frame, etc.)
- Recognizing a letter/number as always that letter/number whether in a word, larger or smaller in text size, different in font (A A A), or different in colour

Practice some of the following activities to develop visual form constancy:

- Play games that require matching a shape or object that varies in size, position and/or place



(hape.com)



(besttoysforbabies.net)



(playfulinvitations.com)



OT Mom Learning Activities

- Play games that require finding a number or letter that varies in size, orientation and/or location



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