

What is visual sequential memory?

- Visual sequential memory is the ability to remember the details in the correct order of what was seen.

Why is visual sequential memory important?

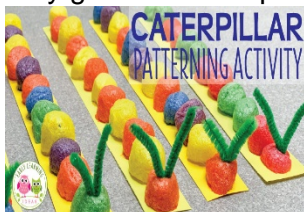
- It helps us pay attention to the order of objects, symbols and details.
- It is needed for reading, spelling, math, printing and copying from the board.
- It helps us to remember the steps for dressing, brushing our teeth, washing our hands, making a sandwich, etc.

How does visual sequential memory help children?

- Remembering the sequence of letters in order to spell and print words correctly
- Copying numbers in the correct order (phone numbers, adding multi-digit numbers, etc.)
- Recognizing and remembering patterns

Practice some of the following activities to develop visual sequential memory:

- Play games that require recalling a pattern or movement sequence



(earlylearningideas.com)



(kidspot.com)



Simon says: "Put your left arm up!"
(threeringsconnection.org)

- Play games that require remembering the order or location of many objects (create your own game with items on a tray that are mixed up under a cover *as pictured below*, spelling games, Memory, Mastermind, etc.)



OT Mom Learning Activities



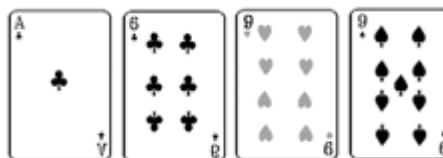
OT Mom Learning Activities



OT Mom Learning Activities



PreKinders.com



(mathstuff.com)