

Here are some activities to promote the strength and movement patterns necessary to develop scissor skills.

- Use tongs or tweezers to pick up pop-poms, beads, etc.
- Punching holes in paper with paper punch (use thin paper or no paper to start)
- Play with a turkey baster, nasal aspirator, or eye dropper to squirt water or to blow air to have cotton ball races
- Play with spray bottles (water play, watering plants, etc.)
- Play with squirt toys
- Place clothespins along a paper plate – try to keep thumbs on top
- Snip with scissors to cut straws or playdough
- Snip paper strips to make confetti
- Gradually increase width of paper so that student must start joining snips to cut across
- Tape top edge of paper to edge of table or wall to encourage thumbs up grasp pattern to develop

