

Place the student's desk in an optimal position. The location of the student's desk in the classroom is important. Students with writing difficulty need to face the chalkboard, have no distracting students seated in front of or beside them, be away from classroom traffic routes, and see the chalkboard easily.

Seating for proper posture:

- Desk large enough for both arms to rest on it
- Arms should rest without hiking of the shoulders
- Feet should be flat on the floor or supporting surface
- Chair should support the lower back
- Table should be 2-3 inches above bent elbow
- Body should be 2 inches from desk



Use non-skid material in students' chairs. Some students slip out of plastic, moulded chairs. Place a piece of non-skid material, such as Dycem™, boating mesh, or drawer liner, in the seat to help the student sit upright.

Give students footrests for more stability. A footrest gives students proper position and more steadiness in their chairs for performing school tasks. Whether a locally constructed, wooden footrest, kindergarten large wooden blocks or a Rubbermaid footstool and keep it in place by securing it with elastic cords to the desk legs.

Make footrests from outdated telephone books. Footrests can be made from large phone books. Pages can be removed for individual students' height adjustment. When more height is needed, two phone books can be joined with duct tape.